

# ADA MARCH NEWSLETTER

March 2026



## Why Learning Choreography Helps Students

Learning choreography is about much more than remembering steps. It strengthens memory, focus, and coordination as dancers train their minds and bodies to work together. Picking up combinations quickly builds confidence and helps dancers become more adaptable in class and on stage.

Choreography also teaches musicality and timing. Dancers learn how movements connect to the music, how transitions flow, and how to perform with intention rather than just execute steps.

Most importantly, learning choreography develops performance skills. Dancers practice expression, storytelling, spacing, and teamwork, all essential elements of becoming a well-rounded performer.

Each routine learned adds to a dancer's toolkit, helping them grow stronger, sharper, and more confident every time they step on the floor.

## Camps at ADA

### March Break Dance Camp:

March 16-20

### PA Day Camps:

June 5 & June 26

### Broadway Bound Dance Camp:

July 13-17

### Pop Star Dance Camp:

Aug 17-21 \*2 Spots Left

## Upcoming Events

- Studio Closure for March Break:  
**Mon, March 16 to Sun, March 22**
- Picture Day: May 9th
- Recital: June 19th

## STAY UP TO DATE

follow us on instagram  
[@ancasterdancearts](https://www.instagram.com/ancasterdancearts)

[ancasterdancearts@gmail.com](mailto:ancasterdancearts@gmail.com)